

Kiran
FOUNDATION

NAVCHETNA

2025



I AM POSSIBLE



NAVCHETNA 2025

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PREFACE

It is with great pleasure and a deep sense of responsibility that we present the second edition of Navchetna, the annual publication of the Kiran Foundation family. This is more than just a report, newsletter, or magazine; it is a dedicated platform to showcase our vision and actions. It serves as both a reflection of our past achievements and a projection of our future course. This issue captures the journey of the Kiran Foundation throughout 2025 as we step into 2026, celebrating the milestones, growth, and collective efforts that defined the past year.

Through this yearbook, our family of change-makers intends to communicate, create, and celebrate positive change. This is a space designed to inspire and to be inspired—a place for sharing ideas that empower society and drive meaningful impact. This edition was brought to life through an intensive period of collaboration, and we express our heartfelt gratitude to everyone who contributed. The cooperation, timely provisioning, and thoughtful contributions from our community were crucial in making this a vibrant and engaging read.

This achievement would not have been possible without the tireless dedication of our volunteers, students, supporters, and interns. The entire team sprang into action from the word go, building the momentum necessary to deliver such a monumental task in a short period of time. We extend a special thanks to every volunteer for your unwavering support; quite simply, we would not be here without you. Your efforts have played a pivotal role in our success, and we look forward to your continued passion and commitment as we journey forward together.



Chairman's Message

Dear Friends,

As we step into a new calendar year, 2026, I wish you a new hope, a new vigour and freedom from past inhibitions; be the best you can be.

Looking back at 2025, I am filled with immense gratitude for what we have achieved together. If I were to caption 2025, it would undoubtedly be - "The Year of Unfolding". It will be remembered for the resounding success of our scholars, commitments from new supporters.

Most notably, it will be remembered for our first-ever in-person Sankalp Diwas gathering in Indore - it was a watershed moment. The energy and warmth from Sankalp Diwas is still fresh; we built memories of a lifetime and saw firsthand that our "seeds of change" are truly coming to life.

The year 2026 is a monumental milestone for us—it marks our 10th Anniversary, a decade-long journey of transformation. This path, which began in 2016, has expanded in ways we could never have imagined. In the early days, the journey was often challenging and lonely, yet the vision of Kiran Maa guided us, providing strength during our most difficult moments. To mark this decade of impact, we will gather in Jabalpur from 13th–15th June. I look forward to seeing each one of you to lay the foundation for the next decade and set a vision for future that will be remembered as a historic turning point.

We currently supported over 40 scholars from 11 districts across 10 states—each one is unique, yet have an uncanny similarity in their commitment to turn ambitious dreams into reality. The Kiran Pratibha Program is more than a scholarship; it is a movement to shape the social-reformers and leaders of tomorrow. Our effort is not merely to facilitate professional success, but to nurture well-rounded, compassionate human beings who will craft a better society of tomorrow.

We are now inviting applications for our 2026 cohort and we are looking forward to welcome new members into our family. We request you to spread the word; If you know a talented and deserving student, please encourage them to apply.

India is home to approximately 125 million youth in their formative years of life (18-21 years of age) – a population double that of the entire United Kingdom. Against this backdrop, we have set a modest but firm goal: supporting 10 youths from each of the 787 districts in India – totaling 7,870 youth – over the next decade. If we can transform the hopes of these students in every corner of the country, it will ignite a ray of hope that transforms India, district by district. As we grow, we must ensure that we do not compromise on the personalised attention, it is our strength and our character. We need to believe in our mission with unwavering courage.

Last year, we announced a partnership with PW Foundation - a partnership rooted in shared vision of turning challenges into opportunities. Alongside this, our amazing volunteers have strengthened our voice in the digital space through a new website and social media channels. We are also developing a unique digital platform to efficiently manage our growing operations and increase reach of our impact. A new mobile app will ensure that every new scholar receives the same high level of personalised attention that is the hallmark of Kiran Pratibha.

None of our progress would be possible without the incredible volunteers, supporters and believers who power this mission: you are the heartbeat and the architects of the Kiran Foundation. We owe our success to your dedication and selfless service, to sacrifice of your personal comfort today to build a better tomorrow; we are here because of you. Kudos to each of you for being the change you wish to see.

Finally, I call upon every like minded individual to come forward and support us in reaching our goal of supporting 10 scholars in each district of India; no contribution is big or small. We are looking to: Raise funds, build local chapters, and develop technology solutions for nationwide transformation. We are looking for persuasive fundraisers, open-source programmers, outstanding mentors, empathetic trainers to bring our vision to life. If you cannot do any of the above, we also need supporters and believers in our visions to empower socially, physically and financially disadvantaged sections of society and provide wings to their dreams.

May we create a truly merit-based society where every individual, regardless of their background, has the opportunity to thrive based on their abilities, efforts, and potential.

Yours faithfully,



Anurag Jain

VISION AND MOTTO

Kiran Foundation is a vision of Kiran Maa; this vision is the driving force that drives every volunteer in Kiran Foundation. She used to say, “If a hardworking and talented youth cannot fulfill their dreams due to lack of resources, it is the failure of the whole society.” This foundation was established with inspiration from her life, her thoughts and her actions. It was her wish that we must do all in our capability to fulfill the dream of a hardworking and talented youth. She strongly believed that diligent and hardworking people take society on the path of progress. If their dreams are not supported, society starts to deteriorate. We must keep hope and dreams alive!

*“We dream of a society where merit, dedication and hard work
take the driver's seat.”*

In India every year many bright young kids, let go of their hopes and dreams due to lack of basic resources. They are forced to battle with harsh realities of life at the cost of their future. Many of them are born into underprivileged and marginalised families. Through Kiran Pratibha Program we aim to identify exceptional but underprivileged youth and support them in their endeavours of education, sports or art according to their interest and abilities. Our vision is to see a society where every youth gets equal opportunities and support to pursue their dreams; the path to success should be on a level playing field.

*“To empower socially, physically and financially disadvantaged sections of
society and provide wings to their dreams.”*

Knowledge, Transparency, Discipline and Compassion are the foundation of our mission. Enabling ability to acquire the right knowledge is true empowerment; it enables individuals to take informed decisions and create opportunities for self and for society. Transparency is the best approach to build trust; it not only builds accountability but also strengthens our shared vision. Discipline drives us to remain consistent in our efforts and Compassion connects us deeply to the people and causes we serve. Together, these core values shape our approach, empower our team, and inspire our vision for a brighter, more equitable future."

ACHIEVEMENTS

40+

**PRATIBHA
SCHOLARS**

20+

**LAPTOPS
ENABLED**

15+

**DEDICATED
TRAINERS**

2000+

**WOMEN
EMPOWERED**

7+

**PRATIBHA
ALUMNI**

100+

**EMPOWERING
WORKSHOPS**

10+

STATES



KIRAN PRATIBHA is the flagship program of Kiran Foundation, which aims at supporting the dreams of talented youth. India has an abundance of talent and dreams; nevertheless a lot of the young people with high potential are unable to rise to their deserved places in society due to the unfavorable conditions they are born in. They might lose their hopes because of the financial situation, the social forces around them, or the absence of mentors. This slow but sure process of lost potential leads to poverty that gets even harder to escape from. Kiran Pratibha wishes to change this situation by supporting such talented youth and allowing them to follow their dreams. At its core, it is a scholarship program for exceptional but economically weak students who want to study, play sports, or do arts. Besides providing scholarships, the program also pays equal attention to guidance, mentoring, and long-term personalized support depending on the requirements of each student.

Our **Aim** is to nurture, and support Pratibha scholars to such an extent that they will attain the highest level possible. The Foundation is pragmatic in its approach, and it is not just a matter of providing financial support. The serious intent is to facilitate the birth of people with abilities who will be a great asset to society and help to construct a better tomorrow.

In the course of the program, we try to instill in the students the values of discipline, perseverance, lifelong learning, and a sense of responsibility towards society. It is our conviction that when young people are empowered at the right time, they mature into self-assured persons who are capable of making the change they want.

The objective of the Kiran Pratibha program is to find, nurture, and support Pratibha scholars to such an extent that they will attain the highest level possible. The Foundation is pragmatic in its approach, and it is not just a matter of providing financial support. The serious intent is to facilitate the birth of people with abilities who will be a great asset to society and help to construct a better tomorrow.

Support Beyond Scholarships

Kiran Foundation does not let money matters stand between the Pratibha scholars and their bright future; that is one of the reasons it gives the best comprehensive financial support to them. The Foundation's scholarship covers essential career-building expenses such as academic fees, accommodation, travel, books, learning tools, and specialised equipment, ensuring that financial limitations do not stand in the way of a student's growth. The amount of support is very wisely decided according to the background and needs of the student. Besides monetary support, the Foundation has a close rapport with each student who has different hopes and difficulties.

Personal Mentoring and Guidance

Personal mentoring has always been the backbone of the Kiran Pratibha program. A devoted mentor is assigned to each student who provides academic direction, emotional aid, and a practical viewpoint throughout the student's journey. The mentors are chosen very carefully not only based on their domain knowledge but also being sympathetic and committed to grooming talent in the young. In order to promote consistent growth and maintain accountability, the Foundation has scheduled one-on-one mentoring sessions, every month, for each student. These sessions help to tackle challenges, improve goals and give proper and prompt assistance. The advancement of every Pratibha scholar is constantly monitored through organized reviews and talks with mentors and the core team, which allows their support and course correction to be always available when needed.

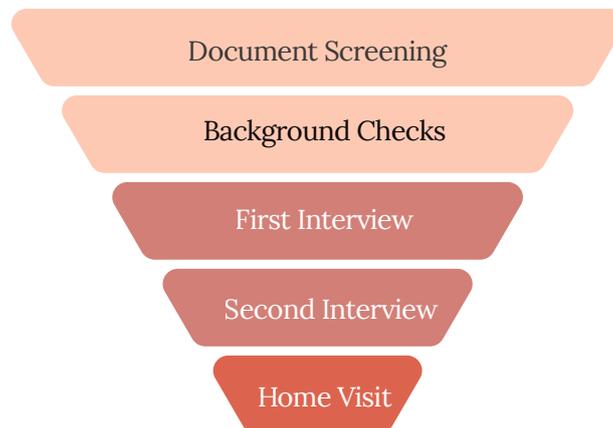
A COMMUNITY OF LEARNERS

Kiran Foundation provides a joint platform as well, where the Pratibha scholars are linked to one another and get to know through common experiences. With the help of peer interactions, the students exchange knowledge, acquire assurance, and take inspiration from others' trips. This community feeling fosters a positive rivalry, learning, and involvement for a long period.

ANNOUNCEMENT OF KIRAN PRATIBHA 2026

The Kiran Foundation is indeed preparing to hold the Kiran Pratibha program's next edition as we go ahead. We are very much ready to receive applications for Kiran Pratibha 2026 and are eager to help a new group of gifted and worthy students from all over the country. The application procedure for Kiran Pratibha 2026 is intended to commence in the second week of February 2026. The students who are interested will be able to apply via the Kiran Foundation's official website. Following a thorough review and selection process, the outcomes are anticipated to be published in the first week of June 2026. The Kiran Pratibha 2026 Project of the Foundation has the intention of carrying forward its pledge to uncover the potential, develop the skill, and render continuous support to the young people who dream of a worthwhile future but are short on the necessary resources.

APPLICATIONS



For our Pratibha community, a student must satisfy certain requirements-

- a minimum of 14 years of age/ have passed 8th standard
- should be exceptionally talented and able to demonstrate potential and dedication in their field of interest.
- must come from underprivileged background

the process starts with the student applying for the Kiran Pratibha program. We review each application thoroughly and filter them based on the documentation provided. The filtered applications then pass through the due diligence, background checks, and telephonic interviews, followed by a home visit. In the final step, our selection committee will have a thorough discussion with the student and their family.

HIGHLIGHTS

Aditi Jain, from Maddeora village in Bundelkhand, has emerged as a symbol of determination and excellence. Coming from a humble background, she is the first person from her village to become a government officer. Aditi cleared the MPPSC examination three times. She secured 10th rank in MPPSC 2023 and was selected as Deputy Collector, served as Assistant Director Finance in 2024, and had earlier cleared MPPSC 2021. Her journey reflects hard work, resilience, and strong family values.



Shreya Jain comes from a financially constrained background and has carved her path through perseverance and self-growth. She completed her graduation from SGSITS, Indore, and secured an on-campus placement at Deloitte. Her journey reflects confidence built over time, the courage to adapt, and a strong commitment to personal and professional development.

Lakshit Sharma is a final-year IT student at NITK, Surathkal. He hails from a small village in Sikar district of Rajasthan, and was raised by his single mother. Lakshit has already secured a PPO at Tech Mahindra, reflecting his academic dedication, focus, and commitment towards his goals.

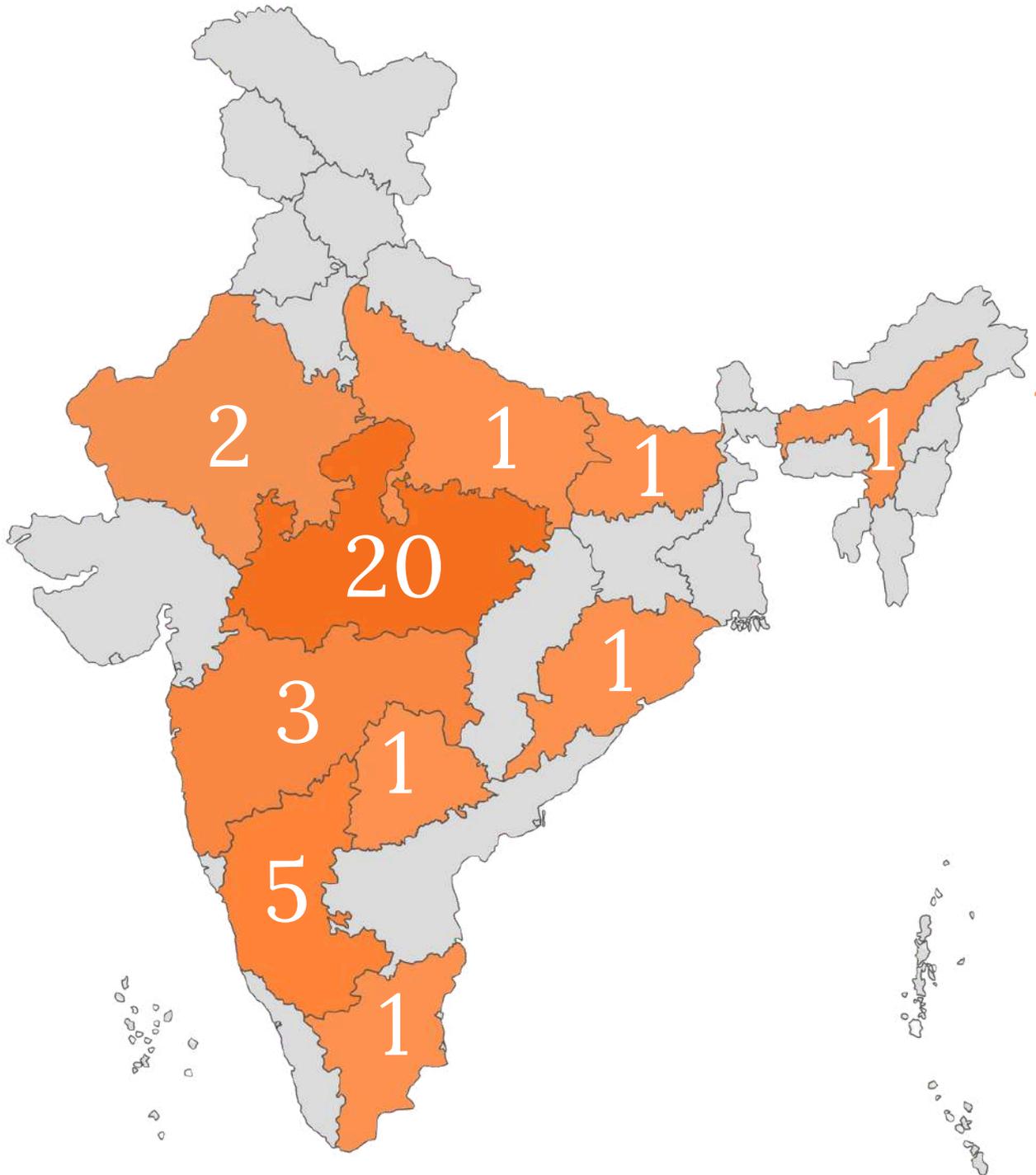


Aastha Jain is a meritorious law student who secured University First Rank in her B.A. LL.B. program. Her consistent academic performance and disciplined approach reflect her dedication towards learning and personal growth. She continues to work towards her aspiration of building a career in the field of law.

Tanuj Samaddar, from Kamrup, Assam, continues to inspire through his remarkable achievements. He has been selected to represent India as a UN Delegate at the IUCN World Conservation Congress 2025 in Abu Dhabi. He was also named a Billion Acts of Peace Fellow by the PeaceJam Foundation, USA. His journey reflects leadership, global exposure, and a strong commitment to excellence.



STUDENT DIVERSITY



KIRAN SHAKTI



Women's empowerment and confidence are two sides of the same coin that have helped society become strong and resilient. However, the women's role in shaping families and communities is still not recognized as it should be. Kiran Shakti is an initiative of Kiran Foundation to empower women through the necessary life skills, vocational training, and consciousness-based skills.

Programmatic native-speaking workshops, designed by the Kiran Shakti team, will enable women from different socio-economic backgrounds, mainly homemakers, to participate in the program. Kiran Shakti aims to empower women to have the power to make informed decisions, deal with the everyday problems of life with the confidence that they will eventually win, and be the leaders of their people and communities with strength and self-belief. By providing support in legal, financial, digital, and communication areas, the program will fully empower women. The self-confidence and self-reliance that women will gain through Kiran Shakti will create a chain reaction that will reinforce the families, raise the communities, and help the society to progress in the long run.

Our Aim

Kiran Shakti aims to empower the woman who is the main supporter of her family with basic, vocational, and consciousness-raising skills so that she can live an independent, dignified, and happy life. Providing correct information to women enables them to make the right choices for themselves as well as for their families. The program covers the core areas of legal education, digital skills, communication skills, and financial knowledge. Kiran Shakti strives to build a women-friendly and nurturing atmosphere where they can raise their queries without any fear or criticism, learn according to their capacity, and then emerge as the real contributors to a less scattered, more inclusive, and equitable society.

Key Programs

Everyday Law for Women

Kiran Shakti has conducted the “Everyday Law for Women” workshops, during which more than 300 women got empowered by spreading awareness regarding the most important legal rights, including protection from domestic violence, workplace harassment, maternity benefits, and inheritance. Such sessions aim to help women know their rights, gain self-esteem, and uphold their rights when necessary.

Essential Digital Skills

The digital skills workshops conducted by Kiran Shakti have been a great help to over 250 women who received the training firsthand in basic digital tools and applications like mobile usage, Canva design, and everyday online applications. The purpose of these workshops is to help reduce the gap in digital literacy, which will in turn, allow women to be informed, explore new opportunities, and be active users in the ever-increasing digital world with a sense of confidence.

Essential Financial Skills

Financial literacy workshops have provided over 200 women with hands-on experience of the basics of money management, such as budgeting, savings, investments, and long-term financial planning. The sessions on SIPs, mutual funds, and government-backed schemes help women make the right financial decisions and to meet their goals of economic independence.

English Speaking Club

The English Speaking Club organized virtual conversation groups in which women have a secure and supportive environment to practice spoken English. Communication with women of different backgrounds will help the participants to get rid of hesitation, gain communication skills, and confidence.

Workshop by Kiran Shakti – Voter Awareness (SIR 2025)

Kiran Shakti, as part of its civic awareness programs, held a workshop on the voter awareness under the Special Intensive Revision (SIR) of the voter list for 2025-26. The workshop featured a very detailed interaction with Mr. Naresh Mishra from Garhakota and Mrs. Aasha Jain from Indore, who were invited to accompany the participants during the SIR process and also answer their queries. The workshop aimed to teach women how to coordinate with Booth Level Officers during their house visits, include new names in the voter list, rectify the mistakes in the voters' identity details. They were also told about the importance of having a correct and updated voter list. Women, through this workshop, were encouraged to assertively participate in the democratic process and also take informed responsibility as citizens.

Fitness Masterclass for Women

Another initiative of Kiran Shakti was the organization of a comprehensive "Fitness Masterclass". The sessions focused on key aspects of women's health through simple explanations and practical guidance. The presentation covered topics such as female hormonal patterns, PCOS, and overall hormonal health to help women understand changes in their bodies. The masterclass also covered physical well-being, including correct posture, common postural faults, and how poor posture can lead to pain and long-term discomfort. Participants learned exercises and daily habits to improve posture and manage pain without relying on medication. The sessions also highlighted how balanced nutrition and healthy lifestyle habits can help manage conditions like diabetes, PCOS, thyroid disorders, obesity, and hypertension, promoting long-term well-being.

IN CASE YOU
MISSED IT...



Kiran Foundation actively shares informative content and thoughtfully created posts and reels on Instagram that highlight our work, impact, and initiatives.

To stay updated with our journey and latest activities, scan the QR code and follow us on Instagram.

EVENTS

SANKALP DIWAS 2025

Sankalp Diwas holds a special place in the journey of Kiran Foundation. It is celebrated on the punyatithi of Maa Kiran, the same day when Kiran Foundation got its start. This day is set as a reminder of the values, vision, and dedication that the Foundation had when it first embarked on its journey, which involved supporting skills, nurturing dreams, and serving society with love. Sankalp Diwas is the day when the past is not only remembered but also the day when our united determination to keep up the vision of Maa Kiran with commitment and goal is refreshed.

Sankalp Diwas 2025 was celebrated as a vibrant and meaningful gathering that brought together students, volunteers, mentors, and members of the Kiran Shakti group. It was a great opportunity for the Kiran Foundation students to present their skills through different performances, which were the reflections of their annual progress, self-assurance and commitment.

The event also featured the identification of the best accomplishments as the key activity to take place. The students who were to receive the award of the Star Student Award were those who demonstrated the best performance and the greatest improvement throughout the year. All the students participating in the event were also presented with gifts in appreciation of their efforts through the support and appreciation of the foundation. The occasion also witnessed the sharing of an important update about Kiran Foundation's collaboration with PW, aimed at making quality learning courses more accessible for Foundation students.



The gathering involved the Kiran Shakti group, women, and trainers who have been making a difference in empowering and guiding women in the event. In addition to this, mementos were given to the Shakti group members and trainers as an acknowledgment of their great contribution and as a sign of their establishment with the Foundation.



To make the celebration more interactive and delightful, interactive games and activities were organized that left moments of laughter, bonding, and experience sharing. Sankalp Diwas 2025 thus became a celebration of commitment, achievements, gratitude, and togetherness.

Avtaran Diwas 2025

Avtaran Diwas is the birthday of Maa Kiran, whose life, values, and vision continue to inspire the work of Kiran Foundation. It marks the beginning of a journey steeped in compassion, responsibility, and faith in human potential. Avtaran Diwas is annually celebrated as an opportunity for reflection upon these tenets and to renew the commitment of the Foundation to the purpose of empowering people and communities.

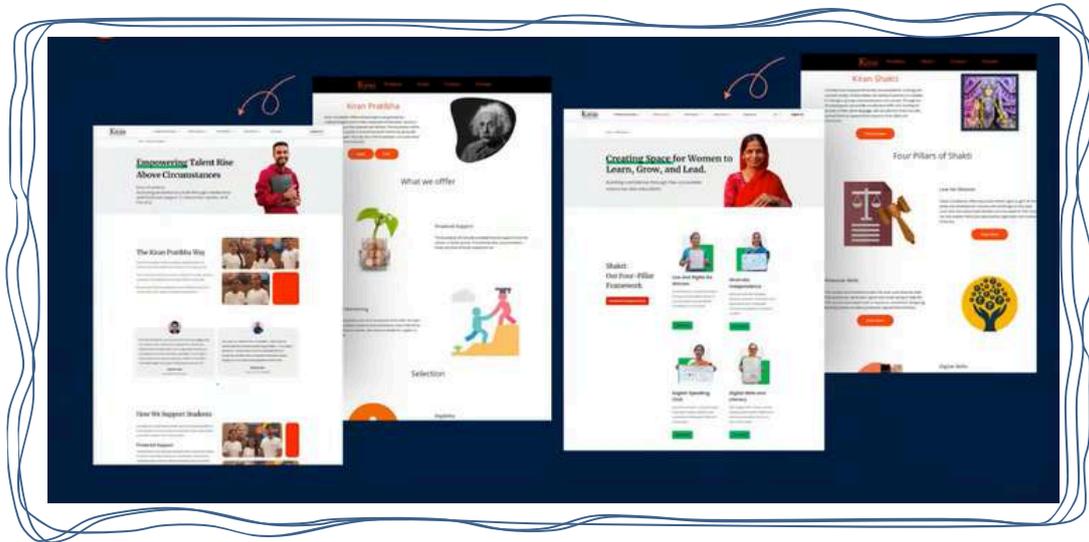
Celebrating Avtaran Diwas 2025 took place in a digital manner, thus making it possible for people from various places to take part. Many online contests were held, among them the AI-generated image wall decoration competition and the rangoli-making competition, which were both actively participated in and considered the most exciting by the participants. An online quiz session was part of this event, encouraging both education and interaction with the audience.



After each of the competitions, the first and second winners were duly recognized and awarded, thus continuing to add excitement and encouragement to the celebrations while making the whole event a very pleasant time to remember, be creative and actively participate in, keeping the spirit of Maa Kiran alive and at the same time creating unity and engagement in the Kiran Foundation community.



NEW WEBSITE WENT LIVE



On Sankalp Divas, June 15, 2025, Kiran Foundation unveiled its newly redesigned website: <https://www.kiran.foundation>.

The new site represents a major transformation in technology and appearance. It's also a mirror of the Foundation's journey. Over the years, the Foundation has reflected on the past for learning and has been working continually to support students with potential and empower women.

Over time, Kiran Foundation's initiatives had to go where their digital presence was. The new website came equipped with easy navigation, detailed program pages, and real-life stories that depict the paths of our mentors, scholars, and supporters. It has also helped people connect with the Foundation through a more powerful and meaningful interaction. The project was realized through the hard work of the software development team. The UX/UI design was in charge of Katerina Rabadzhyska from Italy, whose sensitive treatment of the design process helped the Foundation display its core values in a calm, easy-to-use, and inclusive website. The programmers from India who developed the website are Anurag Gupta, Ainish Raj, Prince Kumar Upadhyay, Anup Kumar, Anshul Sharma, Abhishek Vilas Bujade, Sanyam Jain, Marikanti Pavan Kumar, and Shubhanshu Pandey. They were united in their commitment to work hard, be careful, and pay attention to detail.

Kiran Foundation hopes that its new website will serve as a bridge to a wider audience, clearer communication of its work, and stronger ties to its community. Additionally, it will enable us to receive online applications for the Kiran Pratibha Scholarship 2026 and to provide prompt updates and results for each stage of the process.

ONE VISION : MANY CHAPTERS

As Kiran Foundation's progress continued, naturally the idea of creating a city chapter was right next to it. Moving to the most popular cities like Delhi NCR, Pune, and Bengaluru, the students needed a local point of contact in these areas. The chapters are designed to be a link that keeps students, volunteers, and mentors connected and supported at the regional level.

The chapter model is one of the ways Foundation intends to mature in a well-structured and contemplative manner. The organization is still in the process of development, but the Foundation is taking steps in the right locations where communication will be easy and strong connections can be made.

These chapters will be seen as areas where the students, volunteers, and mentors can be in touch with the Foundation's events at the regional level. At this point, the foundation of the network is the main concern that will have committed persons identified, local needs understood, and cities' coordination strengthened. The above-mentioned activities are signs of the Foundation's commitment to responsible expansion while remaining true to its core values.

Presently, Kiran Foundation is directing its efforts towards making its chapters stronger in the areas mentioned below:

NCR Chapter

President: Preety Jain

Secretary: Sarthak Sharma



Bengaluru Chapter
President: Radhika Bhat
Secretary: Darshan K



Indore Chapter
President: Sushma Badkul

Jabalpur Chapter
President: Vivek Jain

Mumbai Chapter
President: Hemal Shah

Damoh Chapter
President: Seema Jain

Pune Chapter
President: Manju Chopra
Secretary: Chaitanaya Sathe

The chapter system offers a huge potential both in terms of local support for students and in terms of coordination and foundations that can be strengthened in reach over time. This chapter-based approach represents Kiran Foundation's continual effort to grow steadily, remain connected, and make a significant impact in various regions.



Rishika Sharma

11th

Pune, Maharashtra

Pratibha Scholar

WHY I ASPIRE TO BECOME A DOCTOR

Dreams often feel like distant stars: bright, beautiful, yet so far from where we stand. But sometimes, a dream doesn't appear suddenly; it grows within us slowly, shaped by what we witness, what we feel, and what we choose to become. My aspiration to become a doctor was never just a decision - it was a realization, when I was small my grandfather died due to lack of proper medical facilities in the village. When I heard this from my mom I just decided that I will change it anyhow! I had no idea how to do this. One day my dad told me that a future Doctor can only shape the medical infrastructure. The day was a turning point for my life. As I grew up, my interest in becoming a doctor slowly turned into a strong passion.

From my childhood I had always seen people losing their loved ones just because the medical costs were so high that if they had to sell their organs they wouldn't be able to afford it. I always wanted an answer to why it is so expensive. For me, medicine became that path not because it promises prestige, but because it offers the precious chance to reduce someone's fear, someone's pain, or someone's uncertainty. A doctor enters life when everything else feels overwhelming. A single reassurance, a small effort, a moment of kindness have the power to change how a person endures their suffering. I want to be that source of comfort. I want to offer treatment that is compassionate, accessible, and simple, so that no one hesitates to step inside a clinic wondering, "kya hum afford kar payenge?". I just want to change this totally, so that India would not just have the highest number of youths but healthy youths.

I especially want to work in the rural areas where people are losing their lives due to just basic medical facilities. I want to open a hospital in my village so that people no longer suffer or die because of the absence of basic medical facilities. Another Vision, which I had always dreamed of, is to open an orphanage for the ones who are left on the roads, for the ones who are not accepted by anyone, for the ones who are kicked and scolded by the society for no reason. Why can't this society think of providing them shelter instead of scolding them.

Every year, many small children die due to high fever in winter. Why? Is it because of the season, or because of the lack of help from society? I want to save them all!. I dream to provide them the wings which will help them to fly without any obstacles. My journey took a clearer direction when I got my wings to fly with Kiran Foundation. My journey was shaped deeply when I became a fellow of Kiran Foundation's scholarship program - Kiran Pratibha. Being selected in 2024 and the mentorship of Anurag sir, the director of the foundation, felt like someone finally lifted a fog I didn't know I was living in. The foundation is not just an organization in my life; it is a family that chose to believe in me before I fully believed in myself. From the very first day, something within me began to shift. My vision became clearer. My focus grew sharper. I began understanding not just the world but also the world within me - the doubts, the fears, and also the quiet strength that had been waiting to be recognized.

With their guidance, I learned that becoming a doctor is not just about studying endlessly; it is about building resilience, learning to listen, learning to care, and learning to carry hope even when the world feels heavy. And so, I continue this journey. Not with perfection, but with sincerity. Not with pride, but with purpose. Every month we have a one on one session with the director sir. These sessions have always taught me something new every time. Sir has always motivated me that I can fulfill all my dreams. Hence, I aspire to practice medicine not only with knowledge, but with kindness because true healing begins when a person feels seen, heard, and cared for. Perhaps healing does not begin in hospitals, but in the intention to serve with kindness.

In 2016, when we first opened applications for the Kiran Pratibha Scholarship, we received just 5 applications. Fast forward to our most recent call we received 200+ applications from across India in 2024, with students applying from multiple states.

That moment became the strongest reflection of our journey, reach, and collective effort.



Ashutosh Saxena

Director of Engineering

Dublin, Ireland

Pratibha Mentor and Board Advisor

BUILDING SUCCESS WITHOUT SHORTCUTS

In today's day and age, where instant gratification is at its paramount, there is no shortage of advice on how to succeed quickly. In fact, being successful overnight has almost become the norm. Social media rewards speed, visibility, and outcomes, often without providing context for the efforts that go into achieving those successes. The belief that it is tempting that shortcuts are not only acceptable but necessary is understandable and also misleading. Over time, I have learned that shortcuts do not reduce effort; they merely postpone its cost. And when that cost eventually shows up, it is usually higher and harder to recover from.

Shortcuts take many forms. Sometimes they look harmless, for example, copying work, overstating skills on your profile/resume, chasing credentials without building capability, or taking credit without doing the work. Sometimes they are more subtle, like avoiding difficult conversations, skipping fundamentals, or choosing convenience over discipline. In the moment, they may even feel efficient. In the long run, they almost always bite back.

In your professional life, very little remains hidden for long. Your skill will get tested, and your claims will get verified. You might build a reputation over time, quietly. People may not remember exactly what you said in an interview, but they will remember whether they could rely on you. Trust, once lost, is extremely difficult to rebuild.

One uncomfortable truth is this: sustainable success is built on some of the most boring, mundane things in life. Showing up consistently is easier once you get over the boredom of doing it every day. Doing the right work when nobody is watching or testing, and being true to yourself and the task at hand, is commendable in hindsight, but may be tempting to avoid in order to get to your goals faster. Learning deeply instead of broadly takes time and effort upfront, but saves a lot more time in the future, but it is harder to understand that when building on something under pressure. None of these actions produce immediate applause, but all of them compound over time.

This is especially important for students and young professionals coming from backgrounds where there is always an urgency to get things done quicker and the margin for error is often smaller. However, when opportunities arrive, they must be honored, not exploited. A shortcut taken early does not just affect an individual; it risks reinforcing the very stereotypes and barriers that others are trying to dismantle on your behalf.

In my day job, I lead a team of engineers where the same tension between shortcuts and fundamentals shows up all the time. New team members are often tempted to 'ship fast' by applying quick solutions or skipping the hard design work or writing unit tests. It can look productive in the short term because you deliver quicker, but the problems usually return, bigger and more complex. The people who grow the fastest in my team are not the ones who move the quickest at the start, but the ones who slow down enough to understand the problem properly and are honest about what they know and don't know.

There is also a false assumption that people who succeed "the right way" move more slowly. That is rarely true. It feels slower in the beginning, but they accelerate faster because they know the core fundamentals well and believe in their value system. Also, they are not carrying any hidden debt, be it ethical debt, credibility debt, or technical debt. When complexity increases, fundamentals matter and when pressure rises, character matters even more.

This does not mean you should be naïve or passive. Ambition is healthy. Efficiency is important. Smart choices matter. But there is a difference between being strategic and being careless with your integrity. Shortcuts trade temporary progress for long-term fragility.

The Kiran Foundation exists because talent deserves opportunity. But opportunity also demands responsibility. Success, when it comes, should rest on something solid. Otherwise, it will always feel unstable, no matter how impressive it looks from the outside.

If there is one principle worth holding onto, it is this: *build slowly, build honestly, and build in a way that you do not have to explain away later.* That may not be the fastest path, but it is definitely the one that lasts.



Shreya Jain
 Analyst
 Deloitte, Hyderabad
 Pratibha Alumna

FROM SELF-DOUBT TO SELF-BELIEF

Personality development is usually confused with the learning of good communication skills or the improvement of self-presentation. But in reality, it is a process that starts from a point very deep, where self-doubt gradually gives way to confidence and fear is replaced by bravery.

Coming from a small place with limited resources, guidance was never easily available. When someone steps out of such an environment to pursue education in a larger city, the challenge is not only academic, it is emotional, mental, and also personal. The new environment, the different language, and the new ways of communicating can slowly cause a person to feel isolated. Most students suffer from these moments of hesitation when they doubt themselves, always asking whether they belong to the group or not.

For students coming from a Hindi-medium background, this shift can be especially hard. There is a reluctance to talk, a lag in voicing ideas, and a non-verbal fear of being assessed, not according to the skills one has, but based on one's lack of faith in oneself. These internal struggles, although silent, very often escape notice, and their impact on a student's character is much greater than the effect of any textbook.

In such situations, what counts is not stress but rather support. With the help of emotional and personal support that never ended, this growth journey was slowly carved out. Kiran Foundation never limited the growth to academic. The foundation nurtured the students, providing them with a platform for personal growth outside classrooms and textbooks. Taking part in events like Sankalp Diwas, Avtaran Diwas, and a number of other initiatives led to openings for students, in design sometimes, in development other times, and through anchoring and public engagement on stage in the arts. Each platform offered by the foundation helped build confidence step by step, allowing hidden strengths to surface gradually.

Flawlessness was never the goal of these experiences. It was rather about facing fear, taking a risk despite being uncertain and gaining knowledge through every little failure. The foundation's support helped at first to convert the fear into a form of expression and then the quietness turned into speaking bravely.

One of the most important thing of the journey was the monthly one-on-one mentoring sessions with the Kiran Foundation. They are not the official meetings but rather open and sincere conversations where we can freely discuss our personal issues, doubts, misunderstandings, and fears without being criticized. The help that one received in these sessions was very personal and comforting.

Today, standing as a graduate placed in a respected organization, the change is visible not just in achievements, but in mindset. Entering a new place no longer brings hesitation. Conversations feel natural. Challenges feel manageable. The fear of being “less than” no longer exists. The development of one's personality is not determined by the initial situation but rather by the individual's progress. It is the realization that intelligence is not determined by language, potential is not determined by background, and the future is not determined by fear.

If there is one truth that this journey confirms, it is this: when proper direction goes hand in hand with real commitment, change happens without fail.

Kiran Foundation is not only a platform, it is a family. Its unconditional support system nurtures the whole development process with patience, a goal, and faith. It will be the light for those who are prepared to walk, even if the way appears doubtful.

The journey goes on, calmer, stronger, and more hopeful, being then supported by a quiet confidence that has come to be through the combined effects of leading, enduring, and trusting. This change, this expectation, this new personality, is a gift of Kiran Foundation.



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Sahil Kalange

3rd year, MBBS
Pune, Maharashtra
Pratibha Scholar

A DREAM THAT FOUND ITS WAY

When I look back at my journey so far—growing up in Shendre, a village in Maharashtra, studying at Ajinkyatara School, preparing for NEET, and now being an MBBS student at BJ Medical College, Pune—one thing becomes very clear: no dream is small, and no student is “dumb” if he decides to change his own story. Till 7th standard, I was honestly an average, even below average student. I never imagined myself becoming a doctor someday.

But suddenly, something changed. I started studying with interest little by little and by 10th standard, I achieved first rank in my school. For many people it might not be a big thing, because my school was not huge or famous, but for me and my family, it was everything. It was proof that hard work can actually change your life.

At that time, just like many students from small towns, I had no idea about NEET or JEE. I didn’t know what career I wanted, what exams existed, or how students prepare. I took admission in a college in Satara, but I had zero guidance. If someone had guided me then told me how NEET preparation works I truly believe I could have cleared NEET a year earlier. I didn’t even know that NCERT is the heart of NEET. I kept studying State Board content because nobody told me otherwise.

My family suggested that I should give MHT-CET and do Pharmacy. I even filled the form because what else could I say? But in my heart, I knew that Pharmacy was not my dream. That exam day, I didn’t even go. That day, I made the first strong decision of my life: I will prepare for NEET. Properly. Seriously. And from zero. Repeating is not easy. You carry the pressure of one entire year, and you have to complete two years’ syllabus in one. But I promised myself I would stay calm and consistent. Instead of “I’ll do it later,” I maintained my score from the beginning. Because I’ve seen that overconfidence ruins many students; “kar lenge” doesn’t work unless you actually do it.

Everyone has their own way of studying. Some chapters I understood through self-study, some through lectures. I watched YouTube videos, solved MCQs, and slowly built my basics. But towards the end, I realized that self-study is not enough—you need a competitive environment to face real exam pressure. On my

sister's friend's advice, I finally joined an academy. And then came the day when I saw my NEET score: 660. I always wanted BJ Medical College, Pune. Some people told me to take KEM, but my heart was set on Pune. So I chose BJMC without any doubt.

But studying in a metro city brings its own challenges—financial, emotional, academic. It is not as simple as it looks from outside. That's when I found Kiran Foundation. Actually, Kiran Foundation found me. I came to know about them through the internet and applied. Getting selected was the turning point of my MBBS life. Because very soon, I realised that Kiran Foundation is not just an organization—it is a family.

Kiran Foundation teaches us that becoming a doctor is not only about marks or ranks, but about building character, discipline, resilience, and humanity. We are guided on how to chase our goals, how to manage pressure, how to stay mentally stable, and how to believe in ourselves even when things get hard.

Today, I am in my 3rd year of MBBS at BJMC, walking steadily toward my dream of becoming a successful doctor. And throughout this journey, Kiran Foundation has been like a constant source of strength. From a shy boy in Shendre, who didn't know what NEET was, to a 3rd-year medical student in one of Maharashtra's top colleges—my journey is proof that the right guidance at the right time can change an entire life. And for me, that guiding light has been the Kiran Foundation family.

One thing I love is how much the foundation focuses on the family. We all know that learning doesn't stop after school is over. Kiran Foundation truly gets this. By bringing parents and caregivers into the fold, they make sure that what a student learns in class never stops there; it comes home with them and shows in their behavior in the society where they live.

From my own experience, I have learned that programs focused only on enrollment often struggle to sustain impact. What makes the difference is emotional safety, family involvement, and community trust. Kiran Foundation's work reflects this understanding clearly, showing what becomes possible when education is rooted in empathy, dignity, and inclusion. In Kiran Foundation's work it's clearly seen how a young person grows when nurtured with kindness and respect, and make sure everyone is included.



Aruhi Jain
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 Pratibha Scholar

HAPPINESS: CHOICE OR STANDARD?

Happiness is often considered subjective. If you pass an exam, you are happy, or if you secure your dream job. We consider it a result of our actions. If it's good, everyone's happy; if something goes off plan, it results in self-doubt.

The society treats it as an outcome, but this system falters the moment life stops cooperating.

In these times, conquering mental strength is a very difficult skill. Everyone wants to be perfect. The society wants YOU to be perfect. At times, it feels exhausting, meeting people's expectations influenced by the phrase "Log Kya Kahenge?" even when your soul is telling you to stop for a moment.

Despite your bad day, you are expected to go on with a wide smile. As if mental peace is like a mask, one puts on.

It is really difficult to identify these patterns.

And once identified, it takes a lot of courage to break through these toxic systems.

There are standards set; if you meet them, happiness. If you don't, you just don't deserve it.

Why are we obeying them?

Sometimes, we have to choose happiness, even if doubt cripples us. We have to let it grow like a bird nurtures its baby, protecting it from every circumstance outside; we have to nurture ourselves. Shut down from the world and focus on the world inside us because it is just as important. Small actions every day can cause great impacts.

Learn not to be affected by the outer noise. To have mental peace even when the world is burning.

Setting boundaries can make you come out as self-centered, but it is better than sulking inside. You have to learn to choose yourself before anyone else. It doesn't mean you are selfish; it means that you are finally doing something for yourself, not thinking about others.

It is never given to you decorated on a plate.
We have to rise above those expectations. To be content in whatever we do.

Historical figures have been teaching us the same thing. Think of Anne Frank; she didn't lose hope even in the circumstances around her. She wrote her feelings in a diary. Honest thoughts. She believed in good even while being confined to four walls for years. If hope could exist under genocide, choosing it under ordinary cruel circumstances is necessary. That is RESISTANCE to the societal standards set. Against the notion that we should be productive 24/7. For us to be a rock. Not feeling.

Talking and preaching about hope is easy, but actively working for it is where the problem lies. While the world around us continues to be cruel in immaculate ways, Kiran Foundation puts in the effort to make it a better one. From guiding the individuals to providing financial support to each one of us, it has truly shaped our lives for good. It's one of the institutions that makes us believe in humanity.

Happiness is not a feeling we experience once in a while; it should be a lifestyle we choose. A lifestyle that nurtures not only ourselves, but also the people around us.

At last, the question still remains: Do you really want to be happy? Because if the answer is no, even the brightest day can draw the ugliest frown. But if the answer is yes. Shouldn't we work for it, starting from...today?

The very first Kiran Shakti workshop was based on Python and was attended by just 7 women. From that small beginning, we've come a long way over the years, 2,000+ women have been empowered through our workshops and courses



Akhouri Rishabh

Pursuing BSc (Honours) in Physics

Bengaluru

Pratibha Scholar

THE IMPORTANCE OF SCIENCE EDUCATION

Science Education is the key that equips individuals and societies to understand the world, solve real problems, and make wiser, evidence-based decisions. It helps develop curious and capable individuals who can discover and understand the universe, making appropriate and ethical choices for a better life. It also helps society gain knowledge about natural phenomena, ranging from biology and physics to environmental studies, and build the competence to make healthy and appropriate judgments about life and technological advancements. Imparting the scientific rigor helps learners develop skills such as observation, experimentation, analysis, and critical thinking, which are necessary for this increasingly changing world.

We must therefore ask: “How do we validate our knowledge?” and “What counts as evidence?” For instance, if many tests from different people keep supporting the idea, like measuring gravity’s pull again and again, it gains trust because there is repeated proof that could change it but does not. Evidence is what keeps us honest in the game, like checking data instead of just believing guesses. For example, seeing a glass prism split white light into different colors turns a guess into evidence. In this way, science tries to separate ideas that are true from those that are based on bias, habit, or opinion. It is our way of saying we should “prove it” before calling something true.

At Kiran Foundation, this understanding of science and evidence shapes the way education is designed. It delves into the mission to help young citizens use observation, questioning, and critical thinking in their daily lives, not just in exams. Through discussions and debates on real-world issues inspire lifelong learning and positive change. Thus, science education is both intoxicatingly empowering and dangerously perilous. We must be responsible in weaving it into everyone’s daily lives, lest we spawn know-it-alls who ignore facts. We must keep asking ourselves: Are we acting wisely?



Sakshi Rana

Assistant General Manager

PW Foundation

Over the years, as I worked to fill the gap in education, I feel that putting a child in a classroom seat isn't a victory. I've seen firsthand how systems fail when they treat learning like a checklist to be completed rather than a holistic development of a kid. It was the thing which I closely witnessed by the work of Kiran Foundation where education is not only considered as a current requirement but it's treated as the first foundational block of building a mature personality.

During my time with PW Foundation and now running GirlsFirst Foundation, an organization I founded to support girls' education, emotional wellbeing, and long-term opportunity, I had a time to live alongside communities where school is a luxury. Seeing Kiran Foundation's work reminded me of a truth I have long believed: lasting impact is created when education is built on strong, intentional foundations that nurture the whole child. When a child grows up in a tough environment, it's difficult for them to learn their struggles at home. If there is no food in the kitchen when they go home, or if they have the weight of responsibilities of their house, they can't just forget it all and study with a focused brain. Standard schools often ignore this, they treat every kid as they are starting from the same place. Things are not the same for everyone. These children need more than just a desk and a textbook. They need a school which actually knows how they push themselves to come to get education despite having so many societal and economic challenges.

This is where Kiran Foundation's approach stands out. Rather than relying solely on traditional frameworks, their programs are shaped to meet children where they are. Learning is structured to support both academic growth and emotional wellbeing, recognizing that one cannot thrive without the other. Education here is not transactional; it is relational.

The real magic happens when a child finally feels safe enough to exhale. In these classrooms, children aren't just students, they are seen and respected for who they are. When a child knows they are supported, their confidence starts to return and they actually want to participate. For those who have had a hard time in the past, a kind and steady environment helps them trust that school is a place where they belong.



Radhika Bhat

President,

Kiran Foundation -Bengaluru Chapter

SELF-BELIEF

Self-Belief is often referred to as Self-Confidence or Self Esteem. It's the foundation of Personal Growth, Academic success and Emotional well-being. It also means having confidence in your abilities, judgements and potential. It does not imply knowing everything or never failing, rather, it is the assurance that you can learn, adapt and grow thru challenges.

Importance of Self Belief helps in-

- Academic Performance
- Resilience and Motivation
- Mental and Physical Health
- Social Skills and Relationships
- Career Readiness

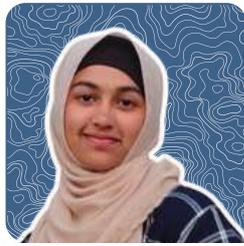
You might often encounter self-doubt when comparing yourselves to peers, coping with heavy workloads or with setbacks, Strong self-belief helps you push past these doubts and stay focused on the goals.

The biggest benefits of self-belief is resilience, when you trust yourself, you are more likely to view failures as learning opportunities instead of defeats. You have the confidence which fosters curiosity and motivation making learning more engaging and meaningful.

By trusting in one's own potential you not only succeed academically but also develop inner strength needed for lifelong success.

How do you build Self Confidence?

- Practice Positive Self- Talk
- Set Achievable Goals
- Embrace a Growth Mindset
- Step out of your comfort Zone
- Seek and accept constructive feedback
- Build a Supportive Network
- Prioritize Wellness



Sidrah Tanveer

Student

Mount Abu, Rajasthan

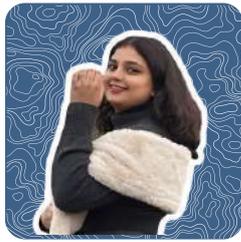
RAGE FROM THE SAGE WORLD

Guns fought with hands, Suits overpowered naked men,
Your tainted soul, still dirties our soul,
You ripped off men naked, You ripped off women off of their bodies,
You couldn't spare the lives that couldn't be on their own,
Did they threaten you with their unborn bodies?
You're not clever, you own men, when you put their capitals at stake.
A concept was fought, A lifestyle was bombed
And to remove their consciousness, They were guillotined
In the last moments, their unlinked head wondered
Why did their life has to be someone else's life potion?

Democracy, equality, right to life and speech,
Disappeared in the haze, And still Our souls continue to find peace
Our bodies, security, Our mind, directions
Every human is in its own cage, Our identity gets renewed in the books
As a tortured bondage, Another one attached to the general's hook.

We protect nature, that nature without its soul, Pitied us for our submissiveness
Towards their public, uncivilized actions, They are the witnesses
That maybe all we ever can protect, feed, help is a bare land, and never the living
on it
The world has evolved, It doesn't just save its land now
But slaughter the ones who walk on it
Innocent are swept away along with their annual cleanliness campaign.
You kept destroying capitals for capital.

Then, you grant us a brick, we serve you our years. We fight, we abide,
we stay alive, to have you grant us another bite.
We may be dead, and have lost the right to breathe.
Can you please grant air to the living dead?
Deafen your senses, or you'll spend your years
Trying to unstrangle from the sage's webs.
We got independence from others' evils, not the ones we nurture beneath us.
And when we will finally escape from them,
I hope the world's not dead by then...



Deepika K

Lawyer, Bristol, England

Lead Trainer - Everyday Law for Women

Kiran Shakti

TERMINATING BITS AND ADOPTING A NEW MODEL BIT

When countries end old investment treaties and adopt a new Model BIT, it is usually seen as a legal or policy decision. But the impact goes beyond law. Investment and trade are closely connected. Investment builds factories, ports, supply chains, and services that make cross-border trade possible. When investment rules change, trade behaviour changes too.

First, ending BITs changes the cost of doing cross-border business. Older BITs gave investors confidence that rules would remain stable over time. When these treaties are terminated, companies start factoring in more risk. This often leads to higher insurance costs, cautious financing, and slower expansion plans. Trade does not stop, but projects that need large and long-term investment, such as infrastructure or manufacturing, are more likely to be delayed or shifted to other locations.

Second, BIT termination is rarely a clean break. Many treaties include survival clauses that continue to protect existing investors for several years after termination. This creates a mixed system where older investors remain protected while new investors rely on the Model BIT or domestic law. This lack of clarity can make firms hesitant to enter long-term supply or distribution contracts, which can slow trade decisions.

Thirdly, the freshly established Model BITs generally lower the degree of investor protection. The descriptors for Fair and Equitable Treatment, for instance, become less extensive, and the governments are given more room for regulatory activities. Consequently, conflicts that would previously be classified as investment disputes might now be recognized as trade disputes between the countries involved, very likely being resolved by organizations such as the WTO. Trade law is concerned about access to markets and non-discrimination rather than the investors' expectations so the approach to resolving these disputes gets altered.

Fourth, greater regulatory freedom may encourage governments to use trade-related industrial policies. These include local content requirements or performance conditions linked to investment incentives. While such measures may face fewer investment arbitration claims, they can still violate WTO rules, especially under the TRIMs Agreement. In this way, legal risk does not disappear but shifts from investment law to trade law.

Fifth, changes in the treaties also have an impact on the different aspects of trade such as services and digital. Trading in modern times heavily relies on services like finance, logistics, and data processing. In the absence of treaty protection, companies have to depend more on contracts, commercial arbitration, and political risk insurance to handle the uncertainties. This does keep the trade going but, at the same time, it also increases the costs, which, in most cases, are borne by the larger firms rather than the small traders.

In short, the termination of BITs and the adoption of a new Model BIT can have an impact on trade even if there are no changes in the tariffs and border regulations. The impact is slow but it is real. The perception of risk has changed, the planning of supply chains has become more meticulous, and a greater number of disputes are being referred from investment arbitration to trade forums. The principal difficulty for the governments is to secure their regulatory space while at the same time granting enough predictability for the international trade to run smoothly.



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Swayam Jain

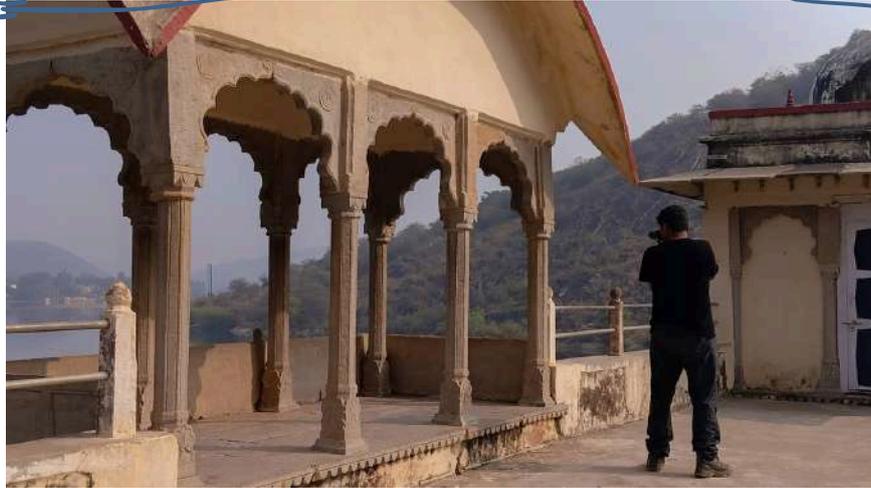
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Pratibha Scholar

टीस, टाई और बेल्ट

नहीं समझेगा कोई उस मूक मिट्टी की भाषा, जिसे बहुत रौंदा गया,
 नहीं समझेगा कोई उस खनिज की कीमत..
 जिसे निकालने के लिए ना जाने कितनी ही बूंदे बही उस पसीने की,
 नहीं जान पाया मै उस सूरज की तपिश जिससे बारिश कारगर हुई,
 नहीं समझा किसी ने उस तस्वीरकार के मन में चलते विचारों को,
 नहीं देख पाया कोई उसके मन की टीस, टाई और बेल्ट
 देख लिया बस कैमरा और दो दरारें माथे की,
 देख लिया पीठ में टांगे उस बस्ते को,
 आंखों में भरी दिलचस्पी और कैमरे में रखे शोक को
 कैद हो गए सारे विचार तस्वीर में,
 बाहर छोड़ सारी वेदनाओं को, लगा रहा एक चश्मा,
 फिर भी नहीं दिखा किसी को चश्मा दिख गई वेदनाएं
 चूंक गई एक तस्वीर फ्रेम में आने से, कुलस गया मन आ गया क्रोध,
 दिख गई अगली तस्वीर दिलाने योग्य और क्रोध,
 फिर आस पास दिखी मुझे ताड़ती हुई ढेर सारी आँखें,
 शरीर से टकराते हुए कई सारे कांधे,
 लेकिन मै वो सब किंचित नहीं ही समझ पाया...





Dr. Shubhrata Mishra

Scientific Writer and Poet

Vasco da Gama, Goa

भारतीय महिलाओं के लिए शिक्षा की प्रासंगिकता

महिला सशक्तीकरण किसी भी समाज की प्रगति के लिए आवश्यक है और शिक्षा इसे प्राप्त करने का सबसे प्रभावी माध्यम है। शिक्षा अन्य अधिकारों को सुरक्षित करने के लिए लड़कियों और महिलाओं को सक्षम करने में एक महत्वपूर्ण भूमिका निभाती है। भारत में महिलाएं परिवार और समाज की आधारशिला होती हैं, एक नारी को शिक्षित करने का अर्थ एक परिवार और सम्पूर्ण समाज को शिक्षित करने से है। केवल शिक्षित महिलाएं ही अपने परिवार और आने वाली पीढ़ी तथा समाज का विकास व उनका मार्गदर्शन कर सकती हैं। इस तरह महिला शिक्षा से ही एक विकसित देश का निर्माण हो सकता है। महिला शिक्षा इसलिए भी महत्वपूर्ण है क्योंकि आर्थिक, सामाजिक और वित्तीय क्षेत्रों में महिलाओं का योगदान देश में विकासात्मक प्रगति लाता है।

इतिहास साक्षी है कि भारत में महिलाओं की शिक्षा केवल व्यक्तिगत विकास का साधन नहीं, बल्कि सामाजिक परिवर्तन की कुंजी रही है। इसका सबसे बड़ा उदाहरण सावित्रीबाई फुले जैसी शिक्षिका हैं, जिन्होंने 19वीं शताब्दी में लड़कियों को पढ़ाने का साहस दिखाया था। वहीं वर्तमान में निर्मला सीतारमण, लीना नायर (Chanel की ग्लोबल सीईओ), सवित्री जिंदल (जिंदल ग्रुप की प्रमुख), किरण मजूमदार-शॉ (बायोकोन की संस्थापक), अरुणिमा सिन्हा (एवरेस्ट फतह करने वाली पहली दिव्यांग महिला), शिवांगी सिंह (भारत की पहली महिला राफेल पायलट) जैसी अनगिनत विदुषियों ने शिक्षा के बल पर अपने क्षेत्र में भारत का परचम लहराया है। इन उदाहरणों से स्पष्ट है कि शिक्षा महिलाओं को आत्मनिर्भर, जागरूक और समाज में नेतृत्व करने योग्य बनाती है।

सरकार ने कई योजनाएं शुरू की हैं जो महिलाओं को शिक्षा की ओर प्रेरित करती हैं। राष्ट्रीय शिक्षा नीति 2020 में लैंगिक समानता पर विशेष ध्यान दिया गया है। 2015 में शुरू हुई बेंटी बचाओ, बेंटी पढ़ाओ योजना, सन् 2025 में डिजिटल शिक्षा और छात्रवृत्ति के साथ अपडेट की गई है। इसके तहत 10वीं पास करने पर ₹10,000 तक की स्कॉलरशिप मिलती है। सुकन्या समृद्धि योजना बेंटी की शिक्षा और विवाह के लिए बचत को प्रोत्साहित करती है। कस्तूरबा गांधी बालिका विद्यालय योजना ग्रामीण क्षेत्रों की लड़कियों के लिए आवासीय विद्यालय प्रदान करती है, जिससे वे सुरक्षित और गुणवत्तापूर्ण शिक्षा प्राप्त कर सकें। प्रधानमंत्री मातृ वंदना योजना: गर्भवती महिलाओं को आर्थिक सहायता देकर उनकी सेहत और शिक्षा को प्राथमिकता देती है। ऐसी अनेक योजनाएं देश में चल रही हैं, जिनका प्रभाव स्पष्ट दिखने भी लगा है। इनके कारण ही बाल लिंगानुपात में सुधार, लड़कियों की स्कूल में भागीदारी में वृद्धि और उच्च शिक्षा में महिलाओं की संख्या में उल्लेखनीय बढ़ोतरी हो रही है। विश्व बैंक की रिपोर्ट के अनुसार, महिलाओं की भागीदारी बढ़ने से भारत की जीडीपी में 1.5% तक की वृद्धि हो सकती है।

इससे स्पष्ट है कि शिक्षा केवल किताबों तक सीमित नहीं है, यह सोच, आत्मविश्वास और निर्णय लेने की क्षमता को भी विकसित करती है। जब महिलाएं शिक्षित होती हैं, तो वे अपने बच्चों को बेहतर जीवन दे सकती हैं, स्वास्थ्य और पोषण पर ध्यान देती हैं, और घरेलू हिंसा व भेदभाव के खिलाफ आवाज उठा सकती हैं। अतः हमें समाज में यह संदेश फैलाना चाहिए कि “एक शिक्षित महिला, एक शिक्षित पीढ़ी की जननी होती है।” स्कूलों, कॉलेजों, पंचायतों और मीडिया के माध्यम से महिलाओं को शिक्षा के महत्व से अवगत कराना, उन्हें योजनाओं की जानकारी देना और प्रेरित करना आज की आवश्यकता है। किरण फाउण्डेशन जैसी समर्पित गैरलाभ संस्थाओं का देश की इस उद्देश्यपूर्ति में बड़ा योगदान है।

वर्ष 2016 में गठित किरण फ़ाउंडेशन देश की महिलाओं और बच्चों, विशेषकर निर्धन पृष्ठभूमि से आने वाले अथवा आर्थिक तंगी से गुजर रहे प्रतिभाशाली छात्र-छात्राओं, आदि के लिए एक परिवार की तरह है, जो आर्थिक सहायता और नैतिक समर्थन दोनों प्रदान करता है। यह समुदाय-केंद्रित बुनियादी ढांचा परियोजनाओं, परामर्श और मानसिक स्वास्थ्य सहायता के माध्यम से भी इनकी सहायता करता है। उदाहरण के लिए यह "किरण शक्ति" जैसे अपने समूह कार्यक्रमों के माध्यम से महिलाओं को निःशुल्क डिजिटल और वित्तीय कौशल प्रदान करता है। इस तरह यह महिलाओं को लघु व्यवसाय, शिक्षा और ग्राफिक्स डिजाइन में आत्मनिर्भर बनने के लिए प्रशिक्षित भी करता है। इसके अलावा, किरण फाउण्डेशन महिलाओं को उनके कानूनी अधिकारों और घरेलू हिंसा के बारे में जागरूक करने, उन्हें परामर्श और समझौता के माध्यम से सहायता देने, महिलाओं को मतदाता सूची में नए नाम जोड़ने और त्रुटियों को सुधारने के बारे में जानकारी देने जैसे अनेक जीवनोपयोगी कार्यक्रमों द्वारा देश की महिलाओं में आत्मविश्वास पैदा करने के लिए काम करता है ताकि वे ज्ञान के साथ निर्णय ले सकें और परिवर्तन की उत्प्रेरक बन सकें। अस्तु यह कहा जा सकता है कि किरण फाउण्डेशन भारतीय महिलाओं के लिए शिक्षा की प्रासंगिकता को दृष्टिगत रखते हुए प्रत्यक्ष और अप्रत्यक्ष रूप से प्रशंसनीय कार्य में सतत संलग्न है।

CMST रिपोर्ट के अनुसार भारत में लगभग 64% महिलाएँ आज भी साधारण डिजिटल स्किल्स से वंचित हैं, और उनमें से कई ई-मेल भेजने या प्राप्त करने तक में सक्षम नहीं हैं।

डिजिटल दुनिया में पीछे न रहें।

किरण शक्ति से जुड़ें और सीखें ज़रूरी डिजिटल कौशल - जो शिक्षा, रोज़गार और आत्मनिर्भरता की दिशा में पहला कदम हैं।

सीखें, आगे बढ़ें और सशक्त बनें ।



Keshu Jain
Software Engineer
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डिजिटल दुनिया में हमारी पहचान

डिजिटल स्किल्स टीम संस्था के सभी डिजिटल कार्यों को सुचारू रूप से संचालित करती है और आधुनिक तकनीक का उपयोग करते हुए संगठन की पहुंच को व्यापक बनाती है।

यह टीम वह पुल है जो संस्था को डिजिटल दुनिया से जोड़ती है। वेबसाइट से लेकर सोशल मीडिया तक, और पोस्टर से लेकर प्रचार अभियानों तक हर उस माध्यम पर यह टीम अपनी छाप छोड़ती है जहाँ डिजिटल उपस्थिति की जरूरत होती है।

टीम के युवा सदस्यों में ऊर्जा, रचनात्मकता और सीखने की निरंतर जिज्ञासा है। यही कारण है कि हर पोस्ट, हर डिज़ाइन और हर ऑनलाइन संदेश में एक अलग आकर्षण दिखाई देता है। संस्था की उपलब्धियों, गतिविधियों और पहल को सटीकता और सुंदरता से प्रस्तुत करने का काम यह टीम बड़ी ही ज़िम्मेदारी के साथ निभाती है।

सोशल मीडिया हैंडलिंग इस टीम की सबसे सशक्त भूमिकाओं में से एक है। आज सूचना की गति सबसे अधिक इन्हीं प्लेटफॉर्म पर होती है। टीम हर महत्वपूर्ण कार्यक्रम को तुरंत और प्रभावी ढंग से दर्शकों तक पहुँचाने का प्रयास करती है। चाहे किसी छात्र की सफलता की कहानी हो, कोई प्रशिक्षण कार्यक्रम, या संस्था का नया प्रोजेक्ट हर खबर एक संवेदनशील और आकर्षक ढंग से प्रस्तुत की जाती है।

साथ ही, पोस्टर और ग्राफिक डिज़ाइनिंग में टीम की रचनात्मकता स्पष्ट रूप से झलकती है। रंगों का संतुलन, डिज़ाइन की सुंदरता और संदेश की स्पष्टता इन सबके मेल से तैयार होने वाले पोस्टर न सिर्फ जानकारी पहुँचाते हैं बल्कि पाठकों पर गहरा प्रभाव भी छोड़ते हैं।

डिजिटल स्किल्स टीम का काम केवल तकनीकी नहीं, बल्कि एक कला है ऐसी कला जिसमें शब्दों, रंगों और विचारों के माध्यम से संस्था की पहचान बनती है। यह टीम जिस समर्पण के साथ काम करती है, वह न सिर्फ संस्था की ऑनलाइन उपस्थिति को मजबूत बनाता है, बल्कि समाज तक उसके उद्देश्य और कार्यों को प्रभावी ढंग से पहुँचाने में भी अहम भूमिका निभाता है।

तकनीक के इस युग में जब हर दिन नई चुनौतियाँ और नए अवसर सामने आते हैं, डिजिटल स्किल्स टीम हर बदलाव को अपनाने और बेहतर करने का संकल्प लिए आगे बढ़ती रहती है। यह टीम सही मायनों में हमारे संगठन की डिजिटल आवाज़ है रचनात्मक, जागरूक और हमेशा सक्रिय।



Anjali Jain
Kiran Shakti Lead

सहयोग के पीछे भावना क्या ?

मनुष्य एक सामाजिक प्राणी है। वह अकेले रहकर न तो सुखी रह सकता है और न ही जीवन की सभी चुनौतियों का सामना कर सकता है। इसलिए समाज में सहयोग की भावना का विशेष महत्व है। सहयोग केवल किसी कार्य में हाथ बँटाना नहीं है, बल्कि इसके पीछे गहरी मानवीय संवेदनाएँ छिपी होती हैं।

सहयोग के पीछे सबसे प्रमुख भावना मानवता है। जब हम किसी को दुःख या पीड़ा की अवस्था में देखते हैं, तो स्वतः ही सहायता के लिए आगे बढ़ते हैं। यह हमारे हृदय में विद्यमान करुणा और संवेदनशीलता ही है, जो हमें दूसरों के दुःख को अपना दुःख समझने की शक्ति देती है।

सहयोग के पीछे दूसरी महत्वपूर्ण भावना प्रेम और अपनापन है। चाहे परिवार हो, समाज हो या राष्ट्र सहयोग इसलिए संभव होता है क्योंकि लोग एक-दूसरे से जुड़ाव महसूस करते हैं। जब अपनत्व और लगाव की भावना होती है, तब बिना किसी स्वार्थ के परस्पर सहयोग किया जाता है।

इन सब के अतिरिक्त, सहयोग के पीछे एक अन्य महत्वपूर्ण भावना होती है - सामूहिक कल्याण की भावना। यह सोच कि यदि 'हम सब मिलकर आगे बढ़ेंगे तो समाज और राष्ट्र दोनों मजबूत बनेंगे'। प्राकृतिक आपदाओं, सामाजिक आंदोलनों तथा विकास कार्यों में यह भावना स्पष्ट रूप से दिखाई देती है।

सहयोग के पीछे कर्तव्यबोध की भावना भी कार्य करती है। एक जिम्मेदार नागरिक होने के नाते हम अपने सामाजिक और राष्ट्रीय दायित्वों का निर्वाह करते हैं, जिसे सहयोग का ही रूप कहा जा सकता है।

अतः कहा जा सकता है कि सहयोग के पीछे करुणा, प्रेम, कर्तव्य और सामूहिक कल्याण की भावनाएँ निहित होती हैं। यही भावनाएँ समाज को एक सूत्र में बाँधती हैं और मानव जीवन को सफल व सार्थक बनाती हैं।

हमारा किरण फाउंडेशन सहयोग के पीछे की इन सभी भावनाओं का समागम है; यहां करुणा भाव है तो प्रेम भी है, कर्तव्य पालन की भावना है और सामूहिक कल्याण की भी। फाउंडेशन से जुड़े सभी स्वयंसेवक पूर्ण समर्पण, निष्ठा और निस्वार्थ भाव से सहयोग की श्रृंखला को बढ़ाने में जुटे हुए हैं। हमारी सभी विद्यार्थियों से, फाउंडेशन से जुड़े सभी सदस्यों से और राष्ट्र के सभी व्यक्तियों से अपेक्षा है कि वे भी सहयोग की एक श्रृंखला का प्रारंभ करें और उसे निरंतर आगे बढ़ाते रहें।



Shushma Badkul

Events Lead

Indore, Madhya Pradesh

समर्पण

अपने कार्य के प्रति "समर्पण" सफलता की कुंजी है। "समर्पण" का अर्थ है बिना शिकायत किये और बिना थके अपने कर्तव्यों का पालन करना। जब व्यक्ति अपने कार्य को लगन ईमानदारी और "समर्पण" के साथ करता है तो वह एक दिन धीरे-धीरे ही सही पर लक्ष्य को प्राप्त कर ही लेता है।

समर्पित व्यक्ति कठिन परिस्थितियों में भी कभी हार नहीं मानता क्योंकि वह जानता है कि निरंतर प्रयास ही सफलता दिलाते हैं। ऐसा व्यक्ति न स्वयम् आगे बढ़ता है बल्कि दूसरों के लिए भी प्रेरणा बनता है। "समर्पण" भाव हर व्यक्ति के जीवन में प्राकृतिक रूप से आता है पर उसे जागृत रखना इंसान के स्वयं के हाथ में होता है। जिस तरह अनुराग सर की माँ ने उन्हें शिक्षा दी और सिखाया कि यदि तुम किसी जरूरतमंद की मदद कर सको तो जरूर करना और सर ने उस बात को अपने जहन में रखा, माँ के जाने पर वह व्यथित तो बहुत हुए पर उन्होंने संकल्प लिया कि माँ के सपने को साकार करना है, इसके लिए उन्होंने शिक्षा का मार्ग चुना क्योंकि यदि बच्चा शिक्षित होगा तो वह जीवन की हर चुनौती को सफलता से पार कर लेगा। इसी भाव के साथ फाउंडेशन की आधार-शिला रखी गई। सर का "समर्पण" भाव ही तो है जो फाउंडेशन के सफलता पूर्वक दस वर्ष पूर्ण कर रहा है।

इसी तरह हमारे किरण फाउंडेशन के संस्थापक से लेकर वालेंटियर तक सभी यह जानते हैं कि हम अपने फाउंडेशन परिवार के प्रति जितना सजग और समर्पित होंगे हमारा परिवार भी दिन - रात तरक्की कर बुलंदियों को छु पायेगा, क्योंकि हम वालेंटियर्स भी अपने पूर्ण "समर्पण" भाव से सर का साथ दे रहे हैं और दिन रात कार्य कर रहे हैं। हम सभी का साथ देने में हमारे विधार्थी जो फाउंडेशन के सहयोग से शिक्षा प्राप्त कर रहे हैं वह भी पूर्ण "समर्पण" और मेहनत कर नित नये आयामों को प्राप्त कर रहे हैं।

किरण फाउंडेशन की शक्ति टीम के द्वारा समय - समय पर जो क्लासेस या वर्कशाप चलाई जाती हैं उसमें टीम की एकता, मेहनत और लगन बतलाती है कि वह टीम अपने परिवार के लिए कितनी समर्पित है, क्योंकि हर महिला चाहे वह गृहणी हो या किसी संस्था में कार्यरत हो उसके पास समय की कमी होती है पर हमारी टीम अपने सारे कार्यों को दक्षता से पूर्ण करते हुए किरण शक्ति को आगे बढ़ाने के प्रति दृढ़ संकल्पित है।

मैं ईश्वर और किरण माँ के चरणों में नमन करते हुए ये विनती करती हूँ कि वह हमारे इस फाउंडेशन परिवार को आगे बढ़ने और हर कदम पर सफलता प्राप्त करने का आशीर्वाद प्रदान करें एवम् हम सभी का "समर्पण" भाव कभी भी कमजोर न पड़े।



Mrs Seema Jain

Teacher

Bhopal, Madhya Pradesh

Kiran Shakti

हौसला

न डर, ना डरने की कोशिश कर बुलंद है हौसला तो आगे बढ़ने की कोशिश कर ।

ना कर तू खुदा को निराश ना हट पीछे अपनी कोशिशों से दिखा ऐसा हुनर जगह सबको,
हर कदम पर मंजिल हासिल कर।

हौसलों से मिलता है सफलता का मुकाम ना मान कभी अपनी हार, दिखा जुनून बेशुमार
दुनिया हैरान हो यह सोचकर नामुमकिन कुछ भी नहीं इस दुनिया में ,

बुलंद है हौसला तो आगे बढ़ने की कोशिश कर
डर ना डरने की कोशिश कर बुलंद है हौसला तो आगे बढ़ने की कोशिश कर

मां

माता से मां है , मां से है ममता ,
ममता से है प्यार, प्यार से है दुनिया ॥

मां के बिना अधूरा यह जहां, लगता है जीवन कुछ अनकहा,
शब्दों से बयां नहीं हो पाता , मां की छांव में बसा है यह जहां ॥

होती है मन्नत पूरी जहां मांगने से, मिलती है जन्नत जहां रहने से,
हर दर्द हर गम होता है दूर , ऐसा आशिया है मां के चरणों में,
बेटी रहती है जहां सुकून से, खुशी पाती है मां के आंचल में
मिलता है जहां प्यार , ऐसा खुमार है मां के हाथों में.



Rakhi Surana

Ujjain, Madhya Pradesh

Kiran Shakti

किरण शक्ति फाउंडेशन

काफी समय से मन में यह भावना थी कि जिन लोगों से बहुत कुछ सीखने को मिला, उनके प्रति अपना आभार व्यक्त कर सकूँ। यह लेख उसी भावना को शब्द देने की एक छोटी-सी कोशिश है।

मैं राखी सुराना, उज्जैन से हूँ। किसी व्हाट्सऐप ग्रुप के माध्यम से मैं इस परिवार से जुड़ी थी, लेकिन जुड़ने के बाद यह केवल एक ग्रुप नहीं रहा। हर क्लास, हर सत्र में कुछ नया सीखने की चाह अपने-आप बनती चली गई।

पिछले दो वर्षों से मैं इस सीखने की प्रक्रिया का हिस्सा हूँ। इन दो वर्षों में मिली सीख ने मुझे कई स्तरों पर आत्मनिर्भर बनाया है। पहले छोटे-छोटे कार्यों के लिए भी हमें अपने बच्चों या किसी तकनीकी जानकार की सहायता लेनी पड़ती थी, लेकिन आज वही काम हम स्वयं आत्मविश्वास के साथ कर पाते हैं।

इस बदलाव की सबसे खास बात यह है कि अब यह सीख केवल हमारे तक सीमित नहीं रही। आज हम न केवल अपना काम स्वयं कर पाते हैं, बल्कि दूसरों की मदद करने में भी सक्षम हुए हैं। हाल ही में SIR की एक क्लास अटेंड करने के बाद मैं अपने परिवार के कई सदस्यों को उससे जुड़े कार्यों में सहायता कर पाई, और स्वयं भी बहुत कुछ नया सीख सकी।

यह अनुभव इस बात का प्रमाण है कि सही मार्गदर्शन और निरंतर सीखने से आत्मनिर्भरता केवल एक शब्द नहीं, बल्कि जीवन का हिस्सा बन जाती है। यह सफ़र अभी जारी है, और हर नया कदम और अधिक आत्मविश्वास जोड़ता जा रहा है।

मैं हमेशा इस परिवार का हिस्सा बनी रहना चाहती हूँ और भविष्य में यदि अवसर मिला, तो मैं भी पूरी निष्ठा से आप सभी की सहायता करना चाहूँगी।

बहुत-बहुत धन्यवाद।



Harshil Prajapati

Lead Trainer - Financial Skills,
Kiran Shakti

आर्थिक स्वतंत्रता: हर महिला की शांत लेकिन सबसे मजबूत शक्ति

किरण फ़ाउंडेशन के साथ मेरी वर्चुअल फाइनेंशियल स्किल सेशनस का अनुभव

आज के समय में एक बात पूरी तरह स्पष्ट है - हर महिला को आर्थिक रूप से स्वतंत्र होना चाहिए, न दिखावे के लिए, न अमीर बनने के लिए, बल्कि अपनी सुरक्षा, अपने सम्मान और अपने निर्णयों के लिए।

इसी विश्वास ने और भी गहराई तब ली जब मैंने हाल ही में किरण फ़ाउंडेशन के साथ Google Meet के माध्यम से महिलाओं को वित्तीय कौशल (Financial Skills) पर एक श्रृंखला के सत्र दिए। ये सत्र केवल पैसे की बातें नहीं थे - ये महिलाओं की सोच, आत्मविश्वास और भविष्य को मजबूत बनाने का प्रयास थे।

एक वर्चुअल प्लेटफ़ॉर्म, लेकिन असली जुड़ाव। भले ही यह सत्र ऑनलाइन हुए, पर हर स्क्रीन के उस पार बैठी महिलाओं का समर्पण बिल्कुल वास्तविक था। कोई अपने घर से जुड़ी, कोई ऑफिस के एक शांत कोने से, और कोई अपनी पढ़ाई के बीच कुछ समय निकालकर शामिल हुईं। हर प्रतिभागी ने अपनी कहानी, अपनी ज़िम्मेदारियाँ और अपने सपने साथ लाए। सिर्फ सीखने की इच्छा ही नहीं, बल्कि खुद को समझने और बदलने का साहस भी साफ दिखाई दिया।

आर्थिक स्वतंत्रता का असली अर्थ अक्सर ज़्यादा कमाई या अमीर बनने से जोड़ दिया जाता है, लेकिन एक महिला के लिए इसका अर्थ कहीं ज़्यादा गहरा है - कठिन परिस्थितियों में अपने पैरों पर खड़े रहना, अपने फैसले खुद लेना, किसी पर निर्भर न रहना, अपने भविष्य को सुरक्षित रखना, जीवन में सम्मान और आत्मविश्वास बनाए रखना, आर्थिक स्वतंत्रता का मतलब अमीर बनना नहीं, बल्कि सुरक्षित और सक्षम बनना है।

महिलाओं की अनकही वास्तविकताएँ

वर्चुअल बातचीत के दौरान कई सच सामने आए - बहुत सी महिलाएँ घर का पूरा बजट संभालती हैं, लेकिन अपने लिए निवेश नहीं करतीं। वे बचत तो करती हैं, लेकिन “गलत फैसला” लेने के डर से आगे कदम नहीं बढ़ातीं।

कई सपने देखती हैं, लेकिन आर्थिक योजना की कमी उन्हें रोक देती है।

ये कमज़ोरी नहीं है -

यह उस व्यवस्था का परिणाम है जहाँ महिलाओं को ज़िम्मेदारियाँ तो दी जाती हैं, लेकिन फैसले लेने का अधिकार हमेशा नहीं मिलता।

सीखना, समझना और आगे बढ़ना

सत्रों का उद्देश्य नंबर या तकनीकी बातें ही नहीं था।

हमने चर्चा की उन सरल और उपयोगी बातों पर जो हर महिला के जीवन में तुरंत लागू हो सकती हैं - आय और खर्च को समझना, आपातकालीन फंड बनाना, छोटे-छोटे निवेश से शुरुआत करना, बीमा के माध्यम से सुरक्षा बनाना, आर्थिक अनुशासन विकसित करना, दीर्घकालिक लक्ष्यों की योजना बनाना।

मुद्दा था - डर हटाना और आत्मविश्वास बढ़ाना।

किरण फ़ाउंडेशन वह प्लेटफ़ॉर्म देता है जहाँ सीखना सुरक्षित महसूस होता है। किरण फ़ाउंडेशन की सबसे खास बात यह है कि वे महिलाओं को केवल ज्ञान नहीं देते, बल्कि उन्हें सुरक्षित और सम्मानजनक वातावरण भी देते हैं। यहाँ महिलाएँ बिना किसी झिझक के प्रश्न पूछती हैं, सीखती हैं, और अपने भविष्य के लिए मजबूत कदम उठाती हैं। उनका उद्देश्य केवल शिक्षित करना नहीं, बल्कि महिलाओं का भविष्य बेहतर बनाना है। इस मिशन का हिस्सा बनने का अवसर देने के लिए मैं हृदय से आभारी हूँ।

हर महिला के लिए एक संदेश - आपका आर्थिक जीवन आपकी खुशियों, आपकी सुरक्षा और आपके फैसलों से सीधे जुड़ा है, इसलिए -

आप सुरक्षित भविष्य की हकदार हैं,

आप आत्मनिर्भर बनने की हकदार हैं,

और आप अपने निर्णयों की मालिक बनने की हकदार हैं।

आर्थिक स्वतंत्रता कोई कौशल नहीं,

एक आत्म-सम्मान है -

और हर महिला इसके योग्य है।

STUDENT SPOTLIGHT



Aaruhi Jain
10th Std.
Mt. Abu, Rajasthan



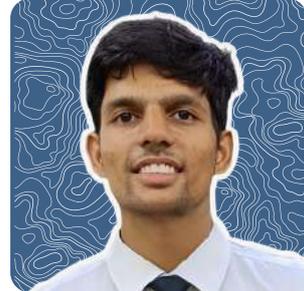
Aastha Jain
12th Std.
INDORE



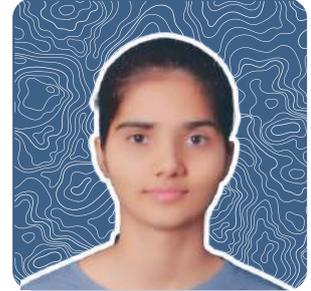
Aastha Jain
BA LLB (Hons.)
DAVV, INDORE



Aghouri Rishabh
B.Sc. Research(Physics)
Deodattpur, Bihar



Lakshit Sharma
B.Tech. (IT)
NITK, Surathkal



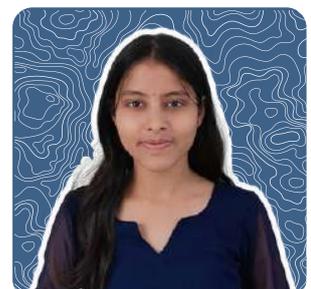
Manasi Jagdale
12th Std.
Sangli Maharashtra



Mohita Jain
12th Std.
SAGAR, M.P.



Mouli Jain
B.Sc. (Hons.)
LSR (DU)



Nainsee Sahu
B.Sc.
Holkar College, INDORE



Naman Jain
BAMS
BETUL, M.P.



Neer Jain
12th Std.
SAGAR, M.P.



Nikita Rajput
11th Std.
RAJGARH, M.P.



Rashi Morwal
10th Std.
Ujjain, Madhya Pradesh



Rishika Sharma
11th std.
Pune, Maharashtra



Rutika T. Kolhapure
B.E. (CSE)



Saransh Jain
B.Tech. (IT)
SGSITS, Indore



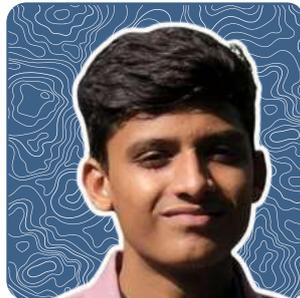
Sahil Kalange
MBBS
Pune, Maharashtra



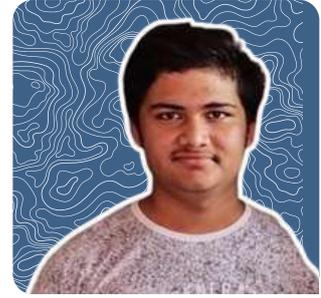
Sakhtivel V
B.E. (Mechanical)
Tamilnadu



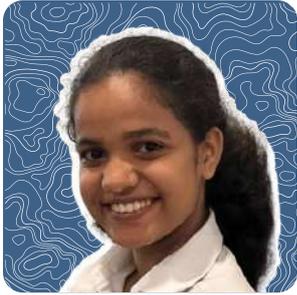
Sanyam Jain
UPSC Aspirant
Sagar, M.P.



Sanyam Jain
B.Tech. (CSE)
IIIT, BHOPAL



Shreyansh Jain
B. Tech. (CSE)
DSC Bengaluru



Swathi Shetty
BA LLB
Udupi, Karnataka



Swayam Jain
B.A.(Maths+Eco)
SBSC, DU



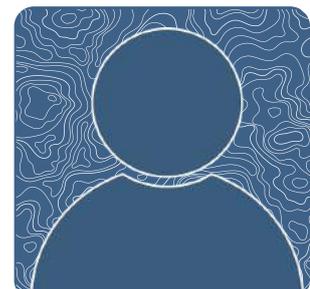
Tanuj Samaddar
B.A. Geo.(Hons.)
DU



Vanshika Jain



Yadava HC
B.E. (ISE)
Bengaluru



Purendar Reddy



Chinmayee Behra
Kordha, Orissa



Stuti Jain
Chhindwara, Madhya Pradesh

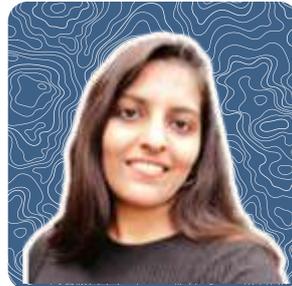


50+ changemakers. One powerful mission. The volunteers of Kiran Foundation are showing up every day to make a real difference and there's a place for you too. Don't just watch the change happen. Be part of it. Scan the QR code and choose how you'd like to contribute your time, your skills, your way.

KIRAN PRATIBHA ALUMNI



Keshu Jain
Software Engineer



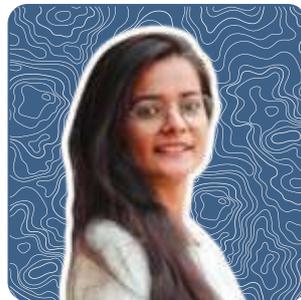
Shreya Jain
Software Engineer



Aditi Jain
Deputy Collector



Dharshan K
Software Engineer



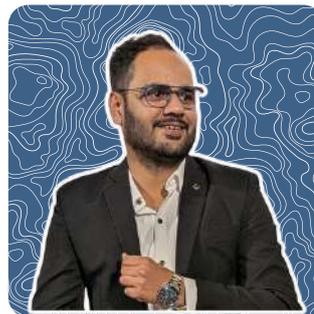
Aastha Jain
Artist



Shivam Jain
Software Engineer

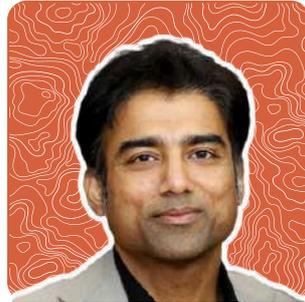


Shreya Jain
Analyst



Sachit Jain
Banker

Our Team



Anurag Jain
Chairman



Rituja Jain
Lead - Kiran Pratibha



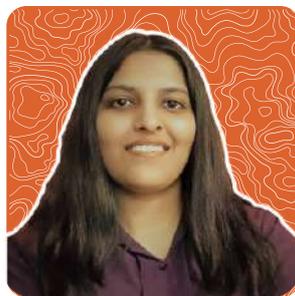
Anjali Jain
Lead - Kiran Shakti



Anant Pankaj Jain
Treasurer



Sushma Badkul
Lead - Events



Shreya Jain
Co-ordinator



Ashutosh Saxena
Mentor and Advisor



Chaitanya Sathe
Lead - Pratibha App



Sarthak Sharma
Lead - Digital Cell



Havila Kayithi
Co-ordinator



Preeti Jain
Mentor



Amit Tandon
Mentor



Olga Sater
Lead - UI/UX



Katerina Rabadzhiyska
Web Designer



Rahul Bhoje
Mentor



Shikha Jain
Mentor



Deepika Murthy
Lead, Everyday Law



Keshu Jain
Trainer, Digital Skills



Harshil Prajapati
Trainer, Financial Skills



Isha Gil
Trainer, Financial Skills



Kanchan Jha
Lead, English Club



Aditi Jain
Mentor



Aman Bhimte
Mobile App Developer



Rajendra Rajput
Volunteer



Gayatri Sankaran
Quality Assurance



Radhika Bhat
President,
Bengaluru Chapter



Hemal Shah
President,
Mumbai Chapter



Vivek Jain
President,
Jabalpur Chapter



Seema Jain
President,
Damoh Chapter



Manju Chopra
President,
Pune Chapter



Darshan K
Secretary, Bengaluru
Chapter

STUDENT VOLUNTEERS



Shreya Jain
Mentor



Swayam Jain
Co-lead, Digital Cell



Tanuj Samaddar
B.A. Geo.(Hons.), DU



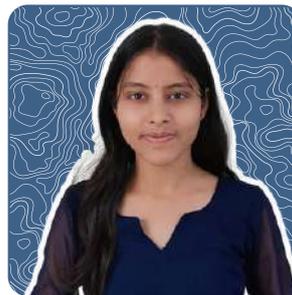
Rishika Sharma
11th std.
Pune, Maharashtra



Aaruhi Jain
10th Standard
Mt. Abu, Rajasthan



Lakshit Sharma
B.Tech. (IT)
NITK, Surathkal



Nainsee Sahu
B.sc.
Holkar College, INDORE

Our Partners



Physics Wallah
Foundation

PW Foundation (PWF) is a not-for-profit organization, established under Section 8 of The Companies Act, 2013. It is the social welfare arm of PW (Physics Wallah), an ed-tech company based in India. With a strong belief that quality education is a fundamental right for all, PWF is committed to making a positive impact on society by providing them with access to Basic Education, Healthcare facilities and skills which will help to sustain their livelihood.



Samatva Trust

Samatva Trust is a non-profit organization dedicated to empowering underprivileged rural students through education. By identifying bright but economically disadvantaged children, the trust provides essential scholarships, including specialized awards for engineering and nursing. Beyond financial aid, Samatva organizes science competitions, symposia, and capacity-building workshops to enhance learning outcomes. Their initiatives also include infrastructure support for rural schools and awards to honor exceptional teachers, ensuring a holistic improvement in the educational landscape of rural India.

Our Supporters



Sanjay Swamy
Patron



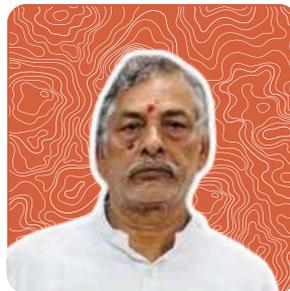
Shreyansh Jain
Patron



Mukesh Tripathi
Patron



Sreedhar Byreddy
Royal Supporter



Anil Jain
Royal Supporter



Sudheer Korlepara
Super Supporter



Palash Jain
Super Supporter



Abhas Jain
Super Supporter



Choudhary Sunil Jain
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Our Supporters



Shrish Mishra
Super Supporter



Manish Vaid
Super Supporter



Raj Darshan Pachori
Super Supporter



Ashutosh Saxena
Super Supporter



Shubhi & Pratik Jain
Super Supporter



Vivek Jain
Super Supporter



Rajeev Hans
Supporter

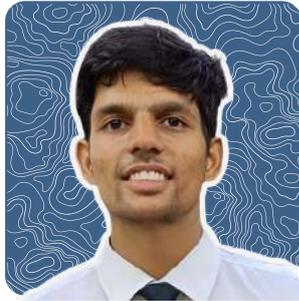


Shreya Jain
Supporter



Amit Tandon
Supporter

NAVCHETNA TEAM



Lakshit Sharma
Editor-in-Chief



Shreya Jain
Managing Editor



Swayam Jain
Designer



Deepshikha Sharma
Co-Designer



Tanuj Samaddar
Cover Page Designer



Aaruhi Jain
Content Co-ordinator



Rishika Sharma
Content Co-ordinator

CALL TO ACTION

Be the light that creates a brighter future— every dream deserves a chance. Every talent deserves an opportunity.

At Kiran Foundation, we believe that the strength of a society lies in how it uplifts those who dare to dream despite limitations. Through education, mentorship, and community support, we strive to ensure that talented yet underprivileged youth and women receive the guidance and resources they need to succeed.

Guided by the vision of Kiran Maa and carried forward by Anurag Sir, the foundation has become a platform where ambition meets opportunity. What began as a mission to support deserving students has evolved into a movement that nurtures confidence, independence, and leadership.

Through our initiatives, we aim to create a society where:

- Talent is nurtured regardless of financial barriers
- Women are empowered with skills and opportunities
- Communities grow stronger through collaboration and mentorship

Our Flagship Initiatives-

Kiran Pratibha

Supporting exceptional yet underprivileged children in education, sports, and arts. The program provides scholarships, mentorship, and resources to help talented students pursue their dreams without financial limitations.

Kiran Shakti

A program dedicated to empowering women by providing life skills, vocational training, and mentorship that helps them become confident and financially independent.

Why Your Support Matters

Behind every success story is a community that believed in someone's potential.

Your support helps us:

- Provide scholarships and educational resources
- Offer mentorship and career guidance
- Create learning opportunities and professional exposure
- Build confidence in individuals striving to transform their lives

Even a small contribution can create a ripple effect that impacts generations.

BECOME A SPONSOR OF CHANGE

Your contribution is not just a donation — it is an investment in someone's future. Choose a sponsorship level and become part of a movement that empowers dreams and transforms lives.

SUPPORTER

₹501

Per Month

Starting the journey of change

SUPER SUPPORTER

₹1001

Per Month

Strengthening opportunities

ROYAL SUPPORTER

₹51,000

Per Year

Empowering transformation

PATRON

₹1,08,000

Per Year

Leading the mission

Be Part of the Change!!!

Imagine a world where no talented child has to abandon their dreams because of lack of resources. With your support, that vision can become a reality.

JOIN US. SUPPORT US. INSPIRE THE FUTURE.



 Website: kiran.foundation

 Email: info@kiran.foundation

MESSAGE OF HOPE AND GRATITUDE

At the heart of Kiran Foundation lies a powerful dream Kiran Maa's vision of a society where talent and hard work are never overshadowed by lack of resources. Her unwavering belief in the potential of diligent individuals continues to inspire every step we take. She taught us that a society thrives when it uplifts its hardworking youth and empowers its women, and it deteriorates when dreams are neglected. Today, we are proud torchbearers of her legacy, working to keep hope and dreams alive.

Through our Kiran Pratibha and Kiran Shakti programs, we strive to fulfill her vision of progress. Kiran Pratibha seeks out exceptional young talents from underprivileged backgrounds, giving them the support they need to shine whether in education, sports, or the arts. Meanwhile, Kiran Shakti equips women with vocational and life skills, helping them take confident strides toward independence and opportunity.

As we embark on this journey, we are deeply grateful for the love and trust bestowed upon us by our supporters, volunteers, and mentors. Your contributions big or small fuel our mission. Whether by raising funds, mentoring youth, or simply believing in our vision, you are an integral part of this movement.

Looking ahead, we are committed to preserving the personalized care and attention that define Kiran Foundation. Scaling this mission while staying true to our values requires strength, conviction, and collective effort. In 2026, we aim to solidify our foundation to create lasting change and a truly merit-based society.

We express our heartfelt gratitude to every individual who has walked this path with us. Together, we are shaping a brighter future one where no child's dreams are hindered by their circumstances, and every woman is empowered to soar.

Let us keep the hope alive and continue to dream big. With your unwavering support, we will bring Kiran Maa's vision to life.

With hope and gratitude
Team Kiran Foundation

KIRAN SOCIAL FOUNDATION (CIN-U85300MP2021NPL058498), a non-profit making Company, within the meaning of Section 8 (Section 8 Licence Number 130621) of the Companies Act, 2013, was incorporated on 22-11-2021 and granted registration under section 12AA & 80G of the income tax act, 1961.

The primary objects of the Company are:

- To promote, undertake, plan, organize, develop, implement, and execute activities that would support, encourage, and promote education including special education among the masses.
- To initiate, plan, execute, implement activities directed towards enhancing the quality of life of the poor and needy sections of society.
- To implement work in the areas of social issues such as women empowerment and equality and lot more objects as mentioned in the Memorandum of Association.

Details of Legal Registration is as under: -

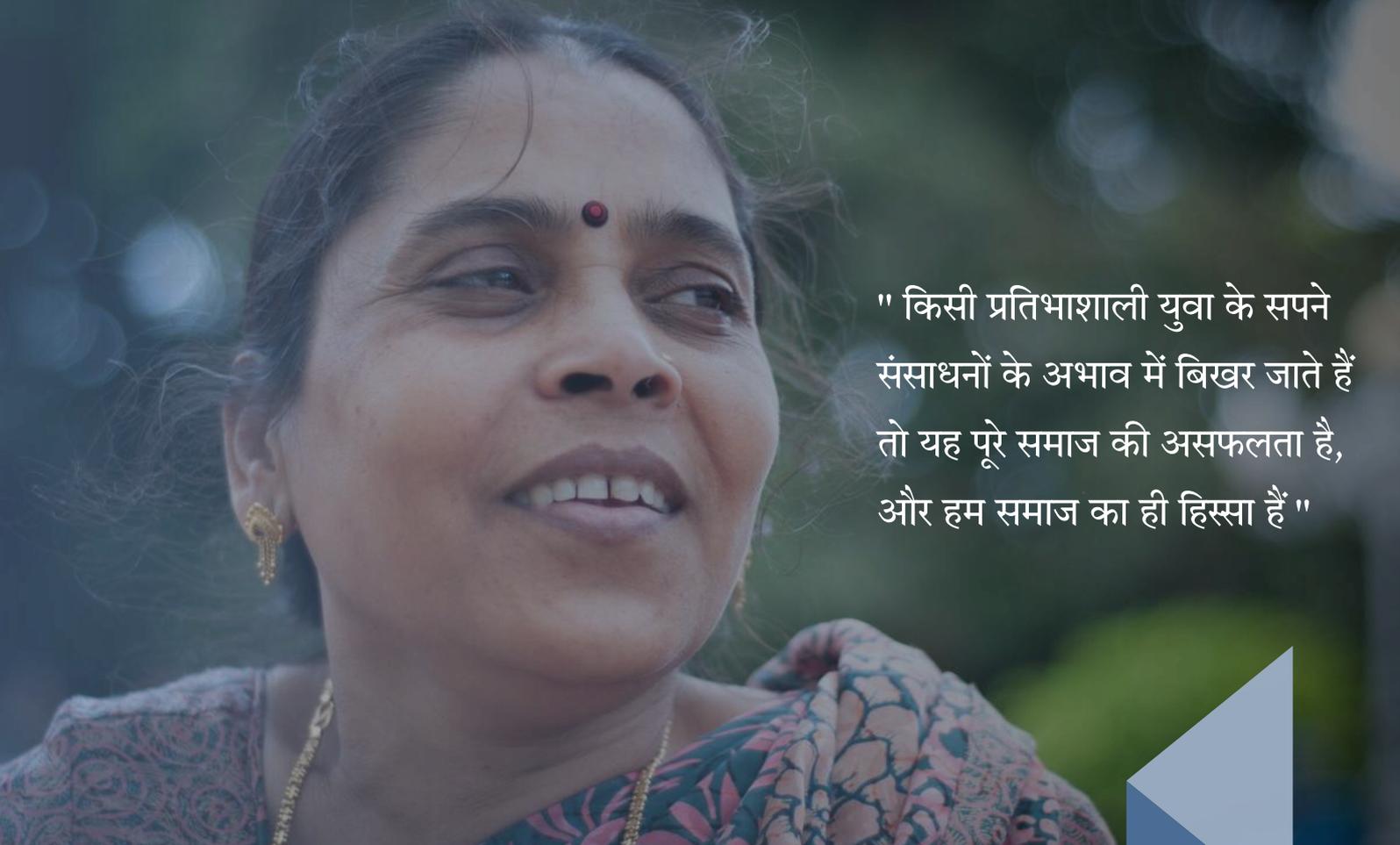
- Approval under section 12AA of the income tax act, 1961 vide approval no. AAJCK1633P23BP01 dated 04-03-2025, valid up to AY 2026-27, granted by Commissioner of Income Tax exemption BHOPAL.
- Approval under section 12AA of the income tax act, 1961 vide approval no. AAJCK1633P24BP01 dated 18-12-2025, valid up to AY 2026-27, granted by Commissioner of Income Tax exemption BHOPAL.

NGO Darpan portal registration no. MP/2022/0308093 dated 07-03-2022.



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CIN: U85300MP2021NPL058498
Website:
www.Kiran.Foundation





" किसी प्रतिभाशाली युवा के सपने संसाधनों के अभाव में बिखर जाते हैं तो यह पूरे समाज की असफलता है, और हम समाज का ही हिस्सा हैं "

' कर्म ही तुम्हारी तपस्या है '

'Your work is your worship'

Our mission is to build a society where every youth is given the opportunity they deserve, free from any constraints, and where women lead independent lives, standing equal to men. We are dedicated to supporting exceptional but underprivileged children, nurturing their talents in education, sports, or the arts, according to their interests and abilities.

We also aim to empower women through vocational and life skills training, connecting them to opportunities that match their skills and circumstances. Our commitment is to keep dreams alive and foster a resilient society, driven by hope and progress.

+91 87708 70421

**Kiran**
FOUNDATION

 www.kiran.foundation

Connect with us

